

Our Mission

- The mission of T.O.U.C.H. is to empower families, children and adults with congenital and acquired heart defects.
- We believe that through emotional support, education, information sharing, and public awareness, we can make a difference.

Who We Are

- T.O.U.C.H. is a family support group whose Board of Directors is a volunteer group of parents who have children with special hearts.
- T.O.U.C.H. operates on a modest budget, surviving mostly on tax-deductible financial gifts.

Megan's Lodge

- A cabin where families of children with heart defects can go on "vacation"
- Located in Wildlife Prairie Park near Peoria, IL
- Only 20 minutes from Children's Hospital of Illinois and the Congenital Heart Center
- Cost per stay is minimal and includes a one-year park membership
- Contact Wildlife Prairie State Park at 309-676-0998 to make your reservation



T.O.U.C.H.

The Congenital Heart Center
420 NE Glen Oak Avenue, Suite 301
Peoria, Illinois 61603
309-655-3453 800-443-9898
www.touchhearts.org

☰ T.O.U.C.H.



The
Organization for
Understanding
Congenital
Hearts

www.touchhearts.org



The Organization for Understanding Congenital Hearts

Current Objectives

- Public Awareness
- Patient Advocacy
- Family Advocacy
- Fundraising
- Megan's Lodge
- Annual Picnic

Helpful Websites

- *Children's Hospital of Illinois*
childrenshospitalofillinois.org
- *Congenital Heart Information Network*
tchin.org
- *Adult Congenital Heart Association*
achaheart.org
- *The Children's Heart Foundation*
childrensheartfoundation.org
- *Make A Wish Foundation*
wish.org

CHD Facts

- Congenital heart defects are conditions present at birth that affect how a baby's heart is made and how it works.
- Congenital heart disease is considered to be the most common birth defect.
- In the United States, nearly 40,000 infants are born with congenital heart defects each year.
- Many congenital heart defects can be found before birth.
- Some congenital heart defects can be detected shortly after birth using pulse oximetry screening, although most states do not require the screening.
- As medical care and treatments have advanced, infants with heart defects are living longer and healthier lives.
- About one million adults in the United States are living with a congenital heart defect.

What We Do

- Touch lives
- Overcome obstacles
- Understand feelings
- Connect families
- Help each other

Get Involved

- Help plan events
- Volunteer to work at events
- Assist with fundraising
- Submit newsletter articles
- Help with cabin upkeep
- Join the e-prayer network
- Support other families
- Raise awareness of CHD